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# MAKE SPRING YOUR SEASON

BREAK YOUR ROUTINE TO FIND HAPPINESS. PAGE 10



# metro

**BOSTON** Tuesday, March 24, 2015 [www.metro.us](http://www.metro.us) | t: MetroBOS | f: MetroBoston



**Rodents.** The cold winter months kept Boston exterminators in business. PAGE 02

## Pesky pests

Ultra Safe Pest Management's Eric Campbell shows off the Trapper T-Rex rat trap. / NICOLAUS CZARNECKI, METRO

## Bombing trial hones in on texts, laptop

PAGE 04

## Elisha Cuthbert is taking tips from Ellen

PAGE 09



## BU, BC and Harvard all in mix for NCAA title

PAGE 12

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# 1

## NEWS

Top 3

### The best of Metro.us

1 '4 ways you can spring clean your office life'

2 'VIDEO: Guy faints three times on "Slingshot" amusement park ride'

3 'SXSW Standouts: 24 Artists To Watch'



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### Sugarloaf

## Faulty gearbox suspected in ski lift accident

Mechanical failure in a gearbox is thought to have caused the ski lift accident at Sugarloaf in Maine that injured seven guests on Saturday.

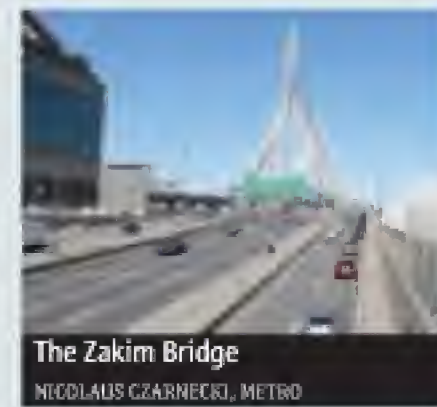
Now the ski resort is saying

preliminary findings point to a "major mechanical failure in one of the two gearboxes connecting the lift's electric motor to its drive bull wheel." The bullwheel is a large metal wheel around which the lift cable is tensioned. The lift cable supports the lift chairs. The lift will remain closed pending an investigation. **METRO**

### Crime

## Mental evaluation for alleged Zakim beacon thief

A judge on Monday ordered Clifford W. Beckford, the homeless man accused of stealing the red beacon off the top of the Zakim Bridge last month, to undergo a



The Zakim Bridge  
NICOLAUS CZARNECKI, METRO

mental evaluation. Beckford is charged with breaking and entering after he allegedly pilfered the 3-foot, 60-pound red aircraft beacon from the bridge. Prosecutors say Beckford busted down a locked door, climbed a 275-foot tower, stole the beacon and dropped it off outside a Charlestown pub. **METRO**

# Local pest control sees uptick in winter service

**Vermin.** An alarming number of rodents clawed their way into houses to stay warm.

Bitter cold and outrageous snowfall may have wreaked havoc on both the city's transit system and collective mood, but the record-breaking winter was good for Boston's bug and rodent control companies.

"I don't care if you're a human or any other creature. When it's snowing 2 to 3 feet or it's in the single-digit temperatures, you're heading indoors," said John Bozarjian, owner of Johnny B's Pest Control.

Headquartered in South Boston, Johnny B's is a division of the 30-year-old family owned B & B Pest Control Company in Lynn.

"Usually, if we break even from Thanksgiving to April 1, we had a good winter. We usually have our busiest months

### Bugs

## Creepy Crawlers

While customers called in complaints for rats and mice at a higher than normal volume, there are creatures who are unaffected by the extreme temperature or weather patterns.

Cockroaches, termites, bedbugs and any other structural pests came and went as they pleased without a decrease in population or a rise in calls for service.

"Their success can be attributed to civilization," Palermo said. "Bedbugs and roaches are a very manageable problem if people are paying attention. The huge bedbug outbreak from 2009 to 2011 was due to people not knowing what to look for. After that, people became more aware of warning signs."



Eric Campbell of Ultra Safe Pest Management checks a rat box on Commonwealth Avenue. / NICOLAUS CZARNECKI, METRO

from April to September," Bozarjian said. "But between last year's polar vortex and the snow this year, we had more calls for mice than we've had in last 15 years."

The types of pest problems residents encounter depends on where you live. Vic Palermo of Ultra Safe Pest Management in Allston said they received most of their calls in Beacon Hill and the Back Bay where there are basement apartments and dirt-floor basements.

"You might think that the Allston and Brighton area would be our biggest target area, but the rat population there mainly stays outside in the landscape near dumpsters," Palermo said. "We had to shift from pest removal to snow removal in order to clear out traps and bait stations. The animals were certainly more aggressive in trying to get indoors."

NATE HOMAN  
@MetroBOS  
letters@metro.us

# AG details stance against pot legalization



Voters could get another ballot question in 2016 regarding marijuana legalization. / NICOLAUS CZARNECKI, METRO

Attorney General Maura Healey detailed her opposition to legalizing marijuana on Monday while distinguishing that stance from her prior support for a voter referendum that decriminalized possession of up to one ounce of the drug.

"I supported the effort to decriminalize small amounts of marijuana a few years ago, and I appreciated the motivation behind that move and ultimately, the law," Healey

told Boston Herald Radio. "What I oppose though now is full legalization of marijuana."

Healey said her opinion was informed by conversations with attorneys general from Washington and Colorado, where voters passed marijuana legalization referendums in 2012.

Healey said that those law enforcement officials have not seen a drop in drug trafficking and saw people from

### Quoted

"Do I believe that we should put drug traffickers in jail or in prison? I do. You see what's happening in our communities." Healey

out of state purchase "vast amounts" of the drug to traffic it. **SHNS**



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# Texts, laptop files in focus at bomb trial

## Marathon bombing.

Tsarnaev's laptop had jihadist literature as well as homework assignments and pop music.

Jurors in the trial of accused Boston Marathon bomber Dzhokhar Tsarnaev were shown text messages on Monday that prosecutors say he sent to a friend shortly after the attack, saying: "U saw the news?... Better not text me my friend."

FBI computer specialist Kevin Swindon said the texts came from Tsarnaev's iPhone and were sent to Dias Kadyrbayev, a school friend from the University of Massachusetts Dartmouth, who has since pleaded guilty to obstruction of justice for removing evidence from Tsarnaev's



An artist's sketch of Dzhokhar Tsarnaev in Moakley Federal Courthouse / LANE TURNER, GLOBE

laptop. Swindon said he identified the texts from a backup file on Tsarnaev's laptop.

In testimony last week, Swindon said copies of Al Qaeda's "Inspire" magazine were found on his laptop, including one titled: "How to Make a Bomb in the Kitchen of Your Mom."

Defense attorneys have

admitted that the 21-year-old defendant committed all the crimes he is accused of, but are trying to spare his life in the capital case by arguing that Tsarnaev's brother was the mastermind of the attacks.

On Monday, Defense Attorney William Fick grilled Swindon in cross-examination in an attempt to point out that it was unclear where the files on Tsarnaev's computer originated, and that there was a chance some were placed there by Tamerlan or others.

Tsarnaev is accused of killing three people and injuring 264 with a pair of homemade pressure-cooker bombs at the race's crowded finish line on April 15, 2013, and with fatally shooting a police officer three days later as he and his 26-year-old brother, Tamerlan, tried to flee the city.

Tamerlan died following a gunfight with police later that night. **REUTERS**



## Step up to end child abuse

Children's advocates place shoes on the Grand Staircase of the Massachusetts State House Monday as part of the 10th annual "Step Up for Kids" event. The 390 pairs of children's shoes represent the average number of Massachusetts kids who are abused or neglected each week. / NICOLAUS CZARNECKI, METRO

2024

## Olympic backers won't make bid without public support

The organizers for Boston's campaign to host the 2024 Olympic Games on Monday said they would not make a final bid to the International Olympic Committee unless a majority of Massachusetts residents support the idea.

The vow comes days after a poll showed that a majority of Boston-area residents opposed the idea, with many concerned that city taxpayers would be left to cover some of the estimated \$9.5 billion in costs in hosting the Summer Games.

"There are legitimate concerns and potential risks associated with this effort that must be addressed in a thoughtful and transparent manner for the Games to work for Massachusetts," the Boston 2024 committee said in the ad. **REUTERS**

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## Analysis. 'Cruz lacks the experience and political network Hillary has'



Ted Cruz is the first major candidate to announce a presidential bid for 2016. / GETTY IMAGES

Texas Sen. Ted Cruz has announced that he will run for president in 2016, becoming the first major candidate in the race to the White House. Cruz made his announcement during a speech at Liberty University in Lynchburg, Virginia. The 44-year-old Republican's eligibility as a candidate has already hit controversy as Cruz was born in Canada, while the U.S. Constitution restricts the presidency to "natural-born citizens" of the United States. Timothy Carney, a fellow at the Washington D.C.-based think tank American Enterprise Institute, profiles the candidate.

**Is he a real counterweight to presumed Democratic contender Hillary Clinton?** Cruz lacks the experience and political network Hillary Clinton has, but so did Barack Obama in 2008. He is focusing his attacks on corporate welfare, which will be an effective criticism of Clinton. First, though, he would need to win the Republican Party nomination against many strong candidates.

**What is he famous for?** Cruz is famous as an anti-establishment fighter. He challenges his own party's leadership as much as he

### Question

#### What is he known for?

Ted Cruz is a U.S. senator from Texas. He's a Republican, first elected in 2012. He is conservative, and is seen as a leader of the Tea Party movement. Cruz was born in Canada, but he was a U.S. citizen when he was born, and so he is allowed to run for president, according to the standard interpretation of the U.S. Constitution.

battles Democrats. Most famously, he led the filibuster that shut down the government for 17 days in 2013, in an effort to block President Obama's health care law.

#### What's the most important thing we heard in Cruz's speech in Lynchburg, Virginia?

Cruz played up his very American and compelling family story, including his father from Cuba, his mother from a European background and his wife with missionary experience. Also, he played up religious, conservative issues more than most people expected. **DMITRY BELYAEV, METRO WORLD NEWS**

### Auto

#### General Motors ignition switch death toll increases to 74

General Motors has seven more claims eligible for compensation for deaths due to accidents caused by faulty ignition switches, taking the total to 74, according to the official administering the company's

compensation program.

Lawyer Kenneth Feinberg determined that a total of 200 claims, including 11 severely injured and 115 who were hospitalized, are eligible for compensation, as of March 20.

He began evaluating the claims and determining compensation after General Motors received 475 claims for deaths, 289 for catastrophic injuries and 3,578 for less-serious injuries re-



Laura Christian holds a photo of her daughter Amber Marie Rose, who was killed in a Chevy Cobalt with a defective ignition switch. / GETTY IMAGES

quiring hospitalization, through a Jan. 31 deadline.

Feinberg's report said 1,025 claims had been deemed ineligible, while 1,326 claims were under review. Applications for 1,075 claims lacked sufficient paperwork or evidence, and 716 claims had no documentation at all.

GM has set aside an initial \$400 million to cover compensation costs. **REUTERS**



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# Six things you need to know

## Netanyahu tells Israel's Arabs he 'regrets' election day rallying call

Israeli Prime Minister Benjamin Netanyahu said on Monday he regretted offending Israel's Arabs during a rallying call on election day last week that his critics had denounced as racist.

In a video clip posted on his Facebook page, Netanyahu told representatives of Israel's Arab community: "I know that the things I said a few days ago offended Israel's Arabs. I had no intention for this to happen, I regret this."

Fearing his voters would stay home, Netanyahu, who won a

surprise election victory last Tuesday and is set to head a new government, accused left-wing organizations of bussing Arab-Israelis to the polls "in droves" to vote against him.

"The rule of the right is in danger," he said at the time.

Speaking to the group of Israeli Arabs at his official residence in Jerusalem on Monday, Netanyahu said: "I consider myself as prime minister of each one of you, of all Israel's citizens, regardless of religion, race or gender."

While he got a warm reception from those present, his comments were rejected by Ayman Odeh, leader of the Joint Arab List, which secured 13 seats at last week's election to become the third largest force in parliament.

REUTERS

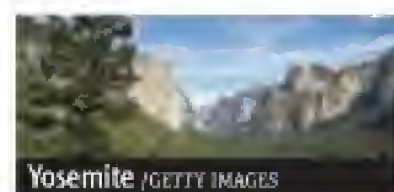


NETANYAHU / GETTY IMAGES

## Missing student found alive in Yosemite National Park

A college student who went missing in Yosemite National Park over the weekend was found alive on Monday, suffering from multiple injuries, about a quarter mile from where he was last seen, park rangers said.

Michael "Mic" Dahl, 20, was reported missing on Saturday by his three friends after he vanished while they were scrambling on rocks beneath Lower Yosemite Fall. The group had just hiked a paved path to the falls. REUTERS



Yosemite / GETTY IMAGES



## Virginia police say no evidence for Rolling Stone's college rape story

A police investigation has found no evidence to back up a discredited Rolling Stone magazine story about a gang rape at a University of Virginia fraternity, officials said.

Rolling Stone reported in November about an alleged 2012 attack on a woman at a Phi Kappa Psi fraternity house pledge party and the university's failure to respond to it. The magazine backtracked on its story in December, citing "discrepancies" in the accuser's account. REUTERS

## Texas boy, 12, in custody for fatal shooting of 13-year-old

A 12-year-old boy has been taken into police custody for the homicide of a 13-year-old, who was shot when the two were playing with a gun in a suburban Dallas home last month, police said on Monday.

Matthew Cisneros, 13, was found dead with a fatal gunshot wound at his family's home in Garland, Texas, with a pistol near the body, police said.

The death was ruled a homicide, which prompted the police to take the 12-year-old, who has not been identified, into custody, police said. They added they initially believed the death was a suicide.

REUTERS

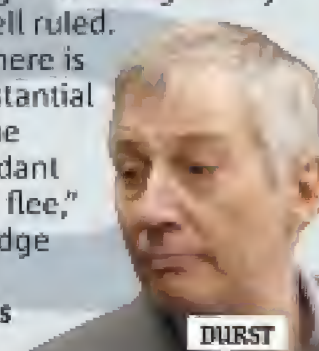
## New Orleans judge declares Robert Durst major flight risk, denies bail

Robert Durst, the real estate scion awaiting extradition to California to face a murder charge, was denied bail on Monday after a judge deemed him to be a potential danger to others and a likely flight risk.

Durst must remain in Louisiana on local weapons charges at least until his next court date on April 2, Magistrate Judge Harry Cantrell ruled.

"There is a substantial risk the defendant might flee," the judge said.

REUTERS



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## Honda hires US engineering firm Exponent to probe Takata air bags

Honda Motor Co has hired Exponent, a U.S.-based engineering consulting company enlisted by Toyota Motor Corp. during its recall crisis in 2010,

to investigate the cause of ruptures in some air bags made by Takata Corp.

The hiring of Exponent was first reported by Japan's Jiji News on Monday and confirmed by a Honda spokesman in Tokyo.

A consortium of 10 automakers, led by Toyota Motor Corp. and which includes Honda, has separately commis-

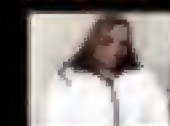
sioned engineering firm Orbital ATK to conduct independent testing of Takata's air bag inflators, which can rupture with too much force, shooting metal shards into vehicles. Six deaths have been linked to the problem so far, all on Honda cars.

About 25 million vehicles with Takata air bags have been recalled worldwide since 2008. REUTERS

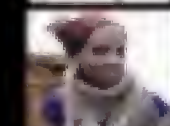
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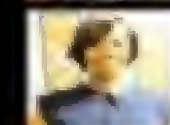
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If you are eligible to participate in this study, all investigational medication, study-related tests and study doctor's visits will be provided at no cost to you. Study participants may be reimbursed for study-related expenses.



# 2

## CULTURE

### THE WORD

Ned Ehrbar takes on the world of gossip.

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## Taylor Swift racks up the porn domains

Taylor Swift is all about insurance these days, and not just when it comes to her \$40 million legs. The savvy pop star reportedly purchased a number of adult-themed domain names before they became available to the public as a means to thwart porn peddlers from cashing in on her fame. So if you had your heart set on registering domains like TaylorSwift.porn or TaylorSwift.adult, then it sucks to be you. I mean, for multiple reasons, but right now let's just focus on the fact that your hopes for a Swift-themed, adult-entertainment empire have been dashed.



## Vin Diesel names new daughter after Paul Walker



Vin Diesel pays tribute to his "Fast and the Furious" co-star.

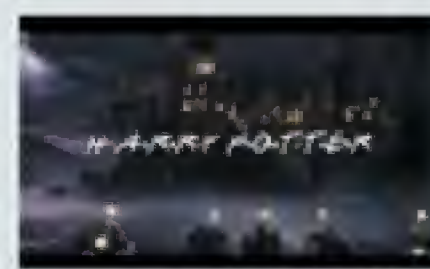
Vin Diesel's fraternal affection for his late "Fast and the Furious" co-star Paul Walker is apparently very deep and very authentic. Case in point? Diesel's newborn daughter. "I named her Pauline," he revealed on the "Today" show. "There's no other person [I was] thinking about as I cut the umbilical cord. I knew he was there and I felt it was

a way to keep [him] a part of my memory, a part of my world." The announcement also came with a surprisingly personal vote of confidence for "Today" show anchor Natalie Morales: "I'm telling you this because I love you," Diesel said. "I know that you are a good soul, and I know that this is in good hands." So, um, good job, Ms. Morales?

### Daily video

#### 'Harry Potter' meets 'Friends'

This latest YouTube mash-up is short, sweet and perfectly executed. User Jeremiah Rivera admits he "got bored and made this," but I'm glad he did, because that boredom yields a look at the world of "Harry Potter" as if



Jeremiah Rivera, YouTube

it were actually a "Friends"-style sitcom. I would so totally watch this show. Needs more Snape, though.



## Mila Kunis' marital status revealed

James Corden is off to a good start as the newest, late-night talk show host on the block, as during his very first guest segment he managed to kind of sort of confirm that Mila Kunis and Ashton Kutcher are indeed already married. During Corden's premiere interview with Kunis — pre-taped ahead of its Monday airing, according to the Daily Mail — the British host continual-



JAMES CORDEN

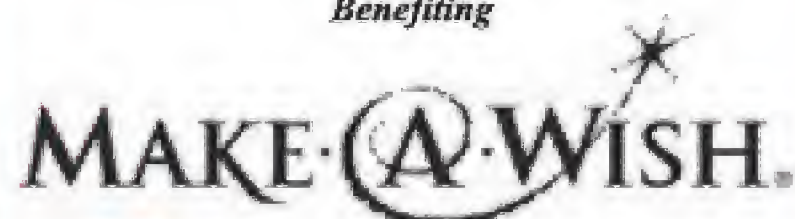
ly prods the "Jupiter Ascending" actress about whether she and Kutcher have already tied the knot, only to be met with a repeated response of, "Maybe." But he's not having it.

"Either you're married or you're not," he says before demanding she show off her left ring finger, which sports a golden wedding band. "They are married, look," the host declares. So now you know.

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# A new kind of 'Happy'

**Interview.** Elisha Cuthbert says she's feeling good about going from "Happy Endings" to "One Big Happy."

Elisha Cuthbert has come a long way from staring down a cougar as Jack Bauer's off-imperiled daughter on "24." After a stint as the slightly daffy Alex Kerkovich on "Happy Endings," Cuthbert decided to stick with comedy, and found her way to "One Big Happy." The show, produced by Ellen Degeneres, has her playing Lizzy, a lesbian who decides to have a baby with her straight best friend Luke (Nick Zano) just as he meets and marries Prudence (Kelly Brook).

**What made you decide to move on to this show from "Happy Endings"?**

I took the longest time to get on something else. Everyone was so brilliant on that show that there was a weird thing where I didn't know what to do after that. I was a little bit shell-shocked.

**But you wanted to stick with comedy?**

I just had so much fun on "Happy Endings" that I felt like this was the perfect transition for me, and to be in front of a live audience is mind-blowing.

**Is it scary to go out in front of the crowd?**

I got used to the workload that would come with it. I love the schedule, but I will never get over the fear. I don't know how other sitcom actors like

the "Friends" cast or "Seinfeld" — I don't know how they felt about it, maybe they didn't care, but I would love to know. Because I am literally petrified until that first take.

**Are you worried the audience won't laugh?**

I feel confident in the writing that it's going to be funny. It's more that I don't mess it up to the point where I'm embarrassing anybody. But I put the homework in. I do my

job. I work hard, so I'm always overly prepared.

**What kind of feedback has Ellen been providing on the show?**

She comes and warms up the audience, which is terrifying, because then we have to follow the funniest human being. The best note she ever gave me was that we're really going to have to believe in this friendship between Luke and me, which, as far as Lizzy's concerned, is the

most important relationship she has. And Ellen was like, we have to believe that, and if we don't believe that in every scene, then we have nothing. So she had great notes.



Catch "One Big Happy" Tuesdays at 9:30 p.m. on NBC. / GREG GAYNE, NBC

## Bonus questions

### Character work

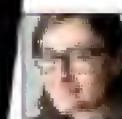
**How do you feel about embracing a new character?**

She's actually the closest to a character that I've personally been connected to, because I'm a little bit particular about how I like things. Not uptight, but I have a plan and I'm meticulous about things, and a bit dorky.

**Have the writers started adding that dorky side in for Lizzy now?**

I think it already has been. I think there was a certain type, and then as they started to see that I was a bit like that, it evolved. I mean, on "Happy Endings," I didn't know I was a complete dodo until Season 2.

ELISHA CUTHBERT  
CHRISTOPHER POLK/NBC



LISA WEIDENFELD  
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PLUS

Spinal stretch

## Standing Forward Fold

Stand in Tadasana, hands on hips. Exhale and bend forward from the hips, not the waist. As you descend, draw your torso out of the groin, opening the space between the pelvis and the sternum. Keeping your knees straight (if possible), bring your fingertips to the floor, slightly in front of or beside your feet. Cross your forearms and hold your elbows. Hold for up to one minute. To come back up, don't roll the spine. Put your hands back on your hips, then press your tailbone down and into the pelvis and come up on an inhale.



PROVIDED

# Make change your routine

## Personal growth.

Lu Ann Cahn charts a course to the new you.

Forget your broken New Year's resolutions. With spring finally here, it feels like the real new year is just now beginning. If you're ready to switch things up, Lu Ann Cahn — whose memoir "I Dare Me" recounts her year spent trying something new every day — shares how stepping into the unknown led her to happiness.

## Failure is not the end

The hardest part of trying something new is the first step. But Cahn found that even when she didn't succeed, the experience of stepping outside her comfort zone built courage, anticipation and readiness for more. "In the beginning, I had no idea what I was doing or what would happen," she says. "But almost immediately, I started feeling better. And the more I took risks, large and small, everything got better — life opened up."

## One thing leads to another...

As she gained confidence in



You don't know if you'll love it until you try. /ISTOCK

## What's stopping you?

### Reality check

When Cahn first started out, she had nothing to lose after her job of 20 years drastically changed in 2009. There was no room for doubt; moving forward was the only option. But even six years later, her old, cautious way of thinking hasn't gone away. So, she came up with a counter-argument: "I have to remind myself, like anybody else, to say, 'What's the worst thing that can happen?'"



Visit **Metro.us** to find out how a hula hoop could change your life.

herself, the scope of Cahn's goals grew beyond what she'd anticipated, like going back to school after age 40. Barriers like time commitment and initial difficulty no longer deterred her. "Before I started this journey, I don't know that I would've been able to tackle [returning to college]

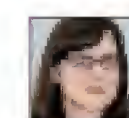
because I was so stuck," she says.

## Stop assuming

"There's a whole buffet of life out there, and we keep picking at the same part every day without realizing we're missing great experiences," Cahn says. She thought she'd hate golf but what she really never wants to do again is go to the opera. "We make judgments about things every day — someone asks you to do something, and you think, 'I don't feel like it, it's not my thing' — and that's where we kind of miss out."

## Don't be afraid to fly solo

Though her friends were supportive of her project, staying committed sometimes meant going it alone for Cahn. (There were no takers for a 10K mud run.) But that's when things got interesting. "It's good to venture off on your own because things happen differently when you're by yourself," she says. Like approaching people she wouldn't have reached out to with a friend in tow: "My world expanded because of it."



EVA KIS  
@thisiskis  
eva.kis@metro.us

## Yoga. Twist out the headache with these moves

There's nothing like a headache to bring your day to a grinding halt. Even routine things like chores can become impossible when you just can't concentrate thanks to all the

pressure and pain building inside your head.

"The best remedy for a migraine really is a dark room, a cold compress, and sleep — but unfortunately, it's not always enough," yogi Kathryn Budig says.

Since you can only take so many aspirin in a day, we asked Budig to share some yoga poses to get some natural headache relief.

### Extended Puppy

From your hands and knees, walk your hands forward a few inches and curl your toes under. As you exhale,

move your butt halfway back toward your heels. Keep your arms engaged and don't let your elbows touch the ground. Drop your forehead to the floor and relax your neck. Keep a slight curve in your lower back. Press your hands down and stretch through the arms while pulling your hips back toward your heels. Hold for 30 seconds, and then release your butt down onto your heels.



### Head to Knee

Sit on the floor with your legs straight in front of you. Inhale, bend your right knee, and draw the heel back. Rest the sole of your right foot against your inner left thigh. Press your right hand against the crease where the thigh meets the pelvis, and your left hand on the floor beside your hip. Exhale and turn your torso slightly to the left, lifting it as you push down on the inner right thigh. Reach out with your right hand to take the inner left foot, thumb on the sole.



Inhale and lift your torso, pressing the top of the left thigh into the floor and extending through the left heel. Use the pressure of the left hand on the floor to increase the twist to the left. Reach your left hand to the outside of the foot. With arms fully extended, lengthen your torso. As you descend, bend your elbows out to the sides and lift them away from the floor. Lengthen forward into a comfortable stretch; hold for about one minute. Come up on an inhale, and then repeat on the other side. ROMINA MCGUINNNESS



## Horoscope

**♈ Aries | March 21-April 20**

A small side business will bring in the extra income you need to ease your financial stress. Don't allow unpaid bills to add up. If you are struggling, get in touch with a financial adviser.

**♉ Taurus | April 21-May 21**

You should stay cool today. Don't let an oversensitive attitude dictate your actions, or you will make an unfortunate mistake that will ruin your plans or a good friendship.

**♊ Gemini | May 22-June 20**

Profit can be yours if you act at the right moment. An energetic approach will help you take care of unfinished business. Helping someone in need will bring an unexpected reward.

**♋ Cancer | June 21-July 22**

You will be tempted to take on too much. Keep your schedule flexible so that you will be able to deal with unanticipated matters.

**♌ Leo | July 23-Aug. 22**

There will be underlying problems regarding your work. Stick to your tasks and don't offer opinions or make judgments.

**♍ Virgo | Aug. 23-Sept. 22**

Your confidence is blooming. Everyone will want to hear your ideas, so present them with enthusiasm and humor. Someone who can make a strong impact on your future will show interest in you.

**♎ Libra | Sept. 23-Oct. 22**

Beware of joint ventures that involve giving more than you get. A close personal friend will not turn out to be a good professional partner.

**♏ Scorpio | Oct. 23-Nov. 21**

You'll end up riding an emotional roller coaster if you aren't careful. It's a good time to stay on the sidelines and observe what others are saying.

**♐ Sagittarius | Nov. 22-Dec. 21**

You may lack energy, but you should resist the temptation to take it easy. You will accomplish much and gain respect if you complete all of your responsibilities with alacrity and efficiency.

**♑ Capricorn | Dec. 22-Jan. 20**

You have a unique sense of fashion. Some innovative but inexpensive ideas will result in an updated personal look. The reaction you get will boost your confidence.

**♒ Aquarius | Jan. 21-Feb. 18**

Household demands will have family members feeling anxious. Take on projects that will make your surroundings more comfortable and convenient. A common goal will ease tension.

**♓ Pisces | Feb. 19-March 20**

Don't hold back when it comes to telling your friends and loved ones how you feel. It will improve your relationships and bring you personal rewards.

EUGENIA LAST

## Letters to the editor

## Unequal transactions

I heard a commercial for flipping houses, the process where one buys a house, doesn't live in it, holds onto it for a year or two and then sells it for a healthy \$60,000 profit. This is called an excellent business transaction. Eric Garner bought two packs of cigarettes a day at \$8-10 dollars a pack, and sells them loosely for .75 cents to \$1 for a healthy \$10-20 dollar daily profit. This is called a crime. A couple have alcoholic beverages at an outdoor

restaurant and it's a leisurely luxury. Another person buys a beer at a deli and drinks it on the street and it's called a crime. These people would have loved to have a beer at an outdoor restaurant, but are living within their means and can't afford to do so. There is something inherently wrong and inequitable in our rule of law.

DAVID DIBELLO, VIA EMAIL

## Meaty issue

With April Fools' Day just around the corner, it appears

that the meat, egg, and dairy industries have been playing us for fools all year-round. Their more remarkable hoaxes include "California's happy cows," "Free-range chickens," "Humane slaughter." All lies. Less fun is the stuff they never talk about. Like the hundreds of millions of chickens crammed seven into a cage designed for one, unable to move or spread their wings. Or their hundreds of millions of male counterparts ground up live at birth and fed to other chickens, or just dumped into plastic garbage bags to suffocate slowly. Or the miserable breeding sows

producing millions of piglet per year while trapped in tiny steel cages. All in the spirit of year-round April Fools' Day, the meat industry has even developed a whole dictionary of fun terms to fool unwary consumers. To make sure that kids don't confuse the pig flesh on their plate with "Babe" or "Wilbur," they call it "pork." Ah, those meat industry folks are such kidders.

BILL HEINSTADT, VIA EMAIL

letters@metro.us



Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

## Sudoku: Easy and hard

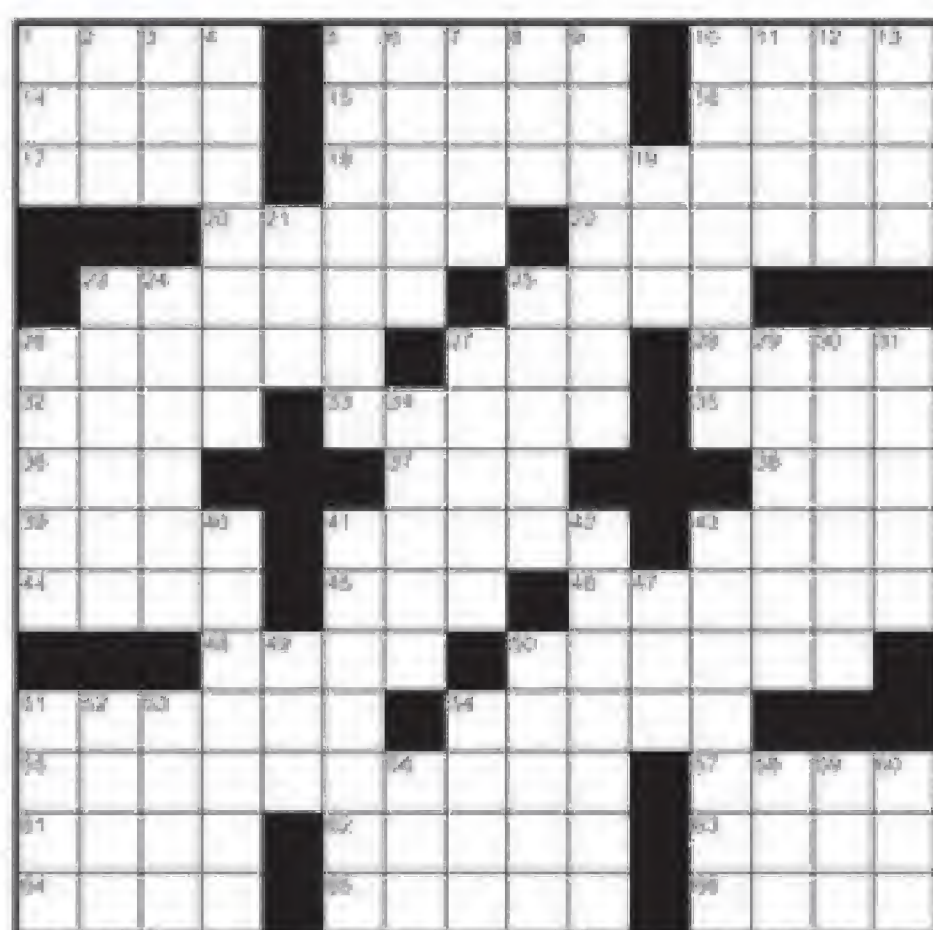
2		9					7	8
	6			3	9			1
5	8		2			6		
			7			4		
	7			9			5	
		6			2			
		1			4		3	9
4			9	2			6	
8	9					1		2

9	1			6		2		
4					2	3		
	8	2	9		5		7	
7								3
			8		4			
1								4
	4		5		1	6	3	
		1	6					9
		5		4			1	2

## How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Crossword



## Across

- 1 Wild guess
- 5 Italian food
- 10 Floating platform
- 14 Happy —
- 15 Goddesses' statues
- 16 Screenwriter James —
- 17 Mrs. Lennon
- 18 Ducky lawn? (2 wds.)
- 20 Seal a tub
- 22 Storm warnings
- 23 Foulard kin
- 25 Type of appeal
- 26 Damsel
- 27 Snow boot
- 28 "— — Excited"
- 32 Altar area
- 33 Gauzy material
- 35 Natural eyewash
- 36 — au vin
- 37 Race the engine
- 38 Lead balloon
- 39 Disagreeable task
- 41 Flowed back
- 43 Mince
- 44 Tibet explorer Alexandra

David- —

- 45 "Norma —"
- 46 Game one
- 48 Port near Algiers
- 50 College treasurer
- 51 Molds
- 54 Brain parts
- 55 Nail pro
- 57 Footnote abbr. (2 wds.)
- 61 Revival shout
- 62 Hair tint
- 63 Martha of dental ads
- 64 Turn state's evidence
- 65 Degas or Cayce
- 66 Luncheon salad

## Down

- 1 Retiring
- 2 As well as



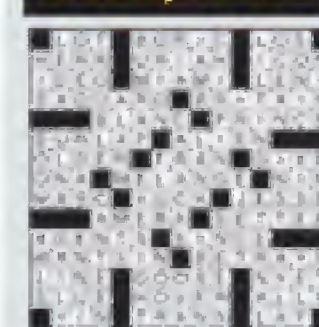
- 3 Puffin kin
- 4 Heavy fabric
- 5 Sharp-tasting
- 6 Teen bane
- 7 Overcharge, slangily
- 8 RN's knack
- 9 With suspicion
- 10 Cheese dish
- 11 Culture dish goo
- 12 Gala
- 13 Hardy's dairymaid
- 19 Day- — paint
- 21 Hail, to Caesar
- 23 Ness' quarry
- 24 Daring
- 25 Liniment
- 26 Georgia city
- 27 Annapolis frosh
- 29 Saudi city
- 30 Flying —
- 31 Buy by mail
- 34 Kind of sprawl
- 40 Inclined
- 41 Exam smudge
- 42 Skeptic
- 43 Banquet finale

Visit us online at **Metro.us**.

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.



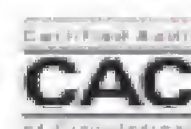
## Yesterday's answer



- 47 Before, in combos
- 49 Camcorder button
- 50 — nova
- 51 Fitness centers
- 52 Prefix for "sphere"
- 53 Yemeni port
- 54 Ding-a- — (airhead)
- 56 Eliminate
- 58 Letter after sigma
- 59 Author — Rand
- 60 Meadow



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# 3

## SPORTS



NFL

### Kraft talks Deflategate and Revis

Patriots owner Robert Kraft discussed a pair of hot button issues at the NFL's league meetings in Arizona Monday, touching on Deflategate and Darrelle Revis. "I know that there's no smoking gun here," Kraft said about Deflategate. As for Revis, who bolted for the rival Jets earlier this month, Kraft said: "We thought we made a very competitive offer. I speak as a fan of the New England Patriots — we wanted to keep him. We wanted to have him in our system [but] we have certain disciplines. We had hoped it worked out. It didn't."



Visit [Metro.us](http://Metro.us) to see the full TV schedule for this week's Sweet 16 games.

# Frozen Four could be Hub exclusive event this April

**NCAA.** College hockey's title game will go down in Boston and three locals have a legit shot at the crown.

The 16-team field for the 2015 NCAA men's ice hockey tournament was announced Sunday and three of the four Beanpot schools (BU, BC and Harvard) made it. Sorry Northeastern.

The three hubs are in different regions so, theoretically, they could all meet again with the 2015 Frozen Four at TD Garden on April 9 and 11. All three Hub schools have high expectations as they respectively feature the top three scorers in the nation: BU freshman forward Jack Eichel (24 goals, 42 assists), Harvard junior forward Jimmy Vesey (31 goals, 26 assists) and BU senior forward Evan Rodrigues (18 goals, 39 assists).

The Terriers (25-7-5) have been one of the best teams in the country all season and they capped off a Beanpot title and Hockey East regular-season



Matt Lane and the Terriers are the third overall seed in this year's NCAA tournament. / GETTY IMAGES

title with a Hockey East tournament title on Saturday with a 4-1 win over two-time champion UMass Lowell at the Garden. This earned BU the No. 3 overall seed in the NCAAs and the top seed in the Northeast Regional. BU opens against Yale (18-9-5) in the first game of the tournament on Friday afternoon (2, ESPN2). The winner of that faces either Minnesota (23-12-3) or Minnesota-Duluth (20-15-3) on Saturday (5:30, ESPN2) for a spot in the Frozen Four. After a three-year absence, this is BU's 33rd NCAA Tournament appearance (3rd most in history). They are 38-33 overall with five titles (most recently in 2009).

The Crimson (21-12-3) were a bubble team that took away any doubt by making an unlikely run through the ECAC Tournament, ending with a 4-2 win over Colgate on Saturday in Lake Placid, New York. Harvard had a great first half of the regular season before injuries and poor play sent them spiraling down the national rankings. They are in the Midwest Regional where they will meet Nebraska-Omaha (18-12-6) on Saturday

#### Keep it local

The NCAA hockey tourney has been dominated by Boston teams since 2001.

- BC won it all in 2001, 2008, 2009, 2010 and 2012.
- BU last captured a National Championship in 2009.
- Last year's title winner was Union (Philadelphia).

night (7:30, ESPN3.com).

The Eagles (21-13-3) lost in the Hockey East semifinals but with a solid résumé, they didn't have to sweat when it came to making the big tournament. It is a very young team for head coach Jerry York, but BC always seems to turn it on at this time of the year. They won't have to travel far as they go to Providence's Dunkin' Donuts Center on Saturday (3 p.m., ESPN2) to face Denver (23-13-2).

RICH SLATE  
@RichSlate  
sports@metro.us

## NHL power rankings | by Rich Slate

No. 1



**Rangers**  
(46-18-7)

The Rangers, Canadiens and Ducks all have 99 points (the most in the NHL) after New York caught up to the other two clubs by crushing Anaheim, 7-2, on Sunday. The only question with New York remains who is their starting goaltender in the playoffs? Cam Talbot or Henrik Lundqvist?

No. 2

**Canadiens**  
(46-20-7)



The race for the No. 1 seed in the East, not to mention the Atlantic Division crown looks destined to go down to the last day of the regular season. Montreal has won its last three games but it can't really shake Tampa Bay, which still trails the Habs by only two points.

No. 3

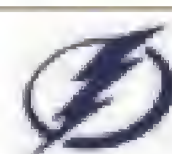
**Blues**  
(45-21-7)



Anaheim might have two more points than St. Louis but after a horrific loss at New York, I think there is little doubt who is the best team in the West. The Blues have scored the most goals (223) in the West and they own the best goal-differential.

No. 4

**Lightning**  
(45-21-7)



With only nine games left, the Lightning are peaking at the right time. Steven Stamkos dropped the gloves for only the second time in his career as Tampa Bay beat the reeling Bruins, 5-3, on Sunday. Goal-tender Ben Bishop earned the NHL's third star of the week.

No. 5

**Ducks**  
(46-21-7)



This might seem harsh, but it's hard to take Anaheim seriously as the top overall team since its goal-differential is just plus-10. The Ducks' five-game road trip couldn't have gotten off to a worse start than it did in New York, but I expect them to bounce back.

No. 6

**Predators**  
(44-21-8)



The Predators aren't out of the woods just yet (3-6-1 in last 10) but maybe their 3-0 win over Buffalo on Saturday will help turn things around. The schedule doesn't let up with their next five games against playoff teams (Canadiens, Lightning, Capitals, Flames and Canucks).

No. 7

**B'Hawks**  
(43-22-6)



The Blackhawks were one of the hottest teams in the NHL then they no-showed in Dallas on Saturday (4-0 loss). Chicago's next three games are against non-playoff teams so they should roll. The Predators are four points ahead of the Blackhawks.

No. 8

**Islanders**  
(44-25-4)



For the Islanders, dreams of a Metro title are all but gone thanks to the Rangers. Now, the Isles are just trying to hang onto home ice as Pittsburgh is two points behind them for fourth in the East. The Isles host four tough teams this week.

No. 9

**Penguins**  
(40-22-10)



With Evgeni Malkin (28 goals, 40 assists) missing the past four games and Patric Hornqvist (23 goals, 22 assists) out since March 15, the Penguins are hanging on for dear life. Pittsburgh hosts St. Louis on Tuesday in a huge game.



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In order to qualify you must:

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Qualified participants will receive at no cost:

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# MEDICAL RESEARCH

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- Be at least 18 years of age
- Have had peripheral neuropathy for at least 6 months
- Be able to make 6 visits to the hospital

Volunteers who qualify for the study will be reimbursed for their time.

For more info, email us at [paintrials@partners.org](mailto:paintrials@partners.org), or call (617) 525-PAIN (7246).

Healthy postmenopausal women, 48-60 years old, wanted for research study of reproductive hormones, remuneration provided

The Reproductive Endocrine Unit at the Massachusetts General Hospital seeks healthy postmenopausal women ages 48-60 with no menstrual periods within the last year and on no medications (except for hormone replacement therapy) for a study on the relationship between reproductive hormones and the brain. Study participation involves 2 clinic visits and one overnight stay. Participants will be paid up to \$690.

Individuals interested in learning more may contact Voula Christopoulos at 617-724-8592 or at [vchristopoulos1@partners.org](mailto:vchristopoulos1@partners.org)

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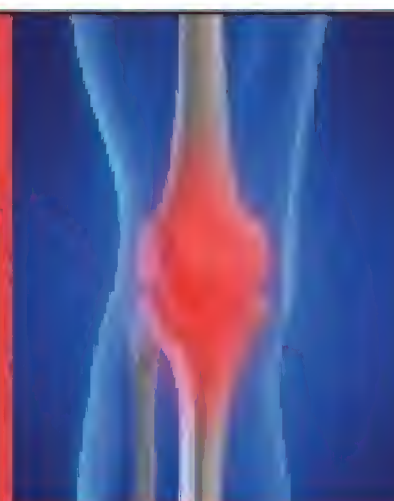
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Research supported by the National Institutes of Health

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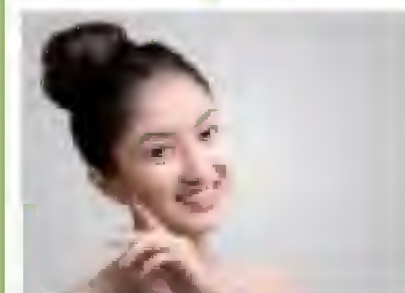
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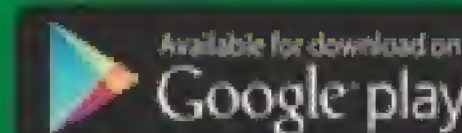
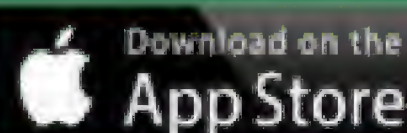
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